

CPD Health Courses Practical Course Consent Form

Thank you for enrolling in a CPD Health Courses Dry Needling practical course.

Please read the following information, which is provided for your safety and that of other participants attending the Dry Needling practical course. Once you've read the information, please submit the Course Participant Consent Form at least 7 days before the start of your practical course.

The CPD Health Courses Dry Needling Practical Course requires you to practice Dry Needling therapy on other course participants and to allow other participants to practice upon you. We will ask you to pair up with other course participants and rotate partners in order to get the most out of your training. These arrangements also ensure that the practical course runs on schedule.

If you are unable to be needled for any reason you **MUST** provide a model in order that you can practice needling on them throughout the course. This requirement ensures that other course participants are not unduly inconvenienced and we maintain good timekeeping.

If for any reason you withdraw your consent to be needled whilst attending the practical course you will be asked to withdraw from the practical course and reschedule your training.

Informed Consent To Dry Needling therapy practice

Please read this document carefully. It's designed to inform you of the possible risks and adverse reactions to Dry Needling therapy.

It's your right to know this information in order for you to give informed consent to Dry Needling practice by other students on yourself and enabling you to safely practice on others.

What are the possible risks & adverse reactions in relation to Dry Needling therapy?

The possible risks and adverse reactions to dry needling therapy include but are not limited to temporary pain, bleeding, bruising, infection, dizziness, nerve injury, pneumothorax, pregnancy termination, changes to blood pressure, rash, fainting, muscle soreness & fatigue.

What are the procedures CPD Health Courses have implemented to reduce the above risks?

We practice and teach the current safety and health hygiene protocols as recommended by the Victorian Health Department and the Chinese Medicine Board of Victoria.

The following is a list of conditions that are the most common relative contra-indications to Dry Needling therapy:

List of conditions

- Blood borne viruses (HIV & Hepatitis B/C)
- Recent radiotherapy
- Varicose veins
- Malignancy
- Haematoma
- Pregnancy

- Bleeding disorders
- Eczema or psoriasis
- Peripheral neuropathy
- Lowered Immune Function
- Metal Allergies
- Chronic oedema or Lymphoedema
- Recent Axillary & Inguinal Node Dissection
- Acute cardiac arrhythmia's
- Open skin wounds or injuries

CPD HC advises that you consult your medical doctor if you have any of these pre existing conditions to confirm that it is safe for you to attend the practical course.

Course participant rights to privacy & modesty

It is always the intention of CPD Health Courses to respect your right to privacy and to protect your modesty during our courses.

As part of the examination & practice process you may be required to remove your clothing.

This is in order to demonstrate correct technique, teach the known risk factors and apply different treatment approaches.

CPD Health Courses will always try to minimise the amount of clothing you will be asked to remove & cover those areas that are not being treated directly.

If you have any concerns about this aspect of the course, please do not hesitate to contact us.

Photography

CPD HC reserves the right to take photographic images & video during practical courses. The purposes of these images is to improve products, promote courses & for research.

Students who attend a CPD HC practical session who do not wish to be photographed need to advise us in writing 48 hours prior to the start of the practical course.

Taking photos or recording video by students attending a practical course is strictly prohibited & a breach of CPD Health Courses intellectual property copyright.

Please read the Course Participant Consent Form below and submit it at least 7 days before the start of your practical course.

Course participant consent form

I hereby request and consent to the practice of Dry Needling therapy on me by other course participants attending the Dry Needling Techniques or Dry Needling Advanced Practical Course.

I have read the list of relative contraindications mentioned above and have consulted with my medical practitioner (if appropriate) that I have no health related issues that would preclude me from attending this practical course.

To the best of my knowledge I confirm that my vaccination schedule is current with respect to Hepatitis B & I pose no known risk to other course attendees from blood borne viruses or infections.

I intend this consent form to cover me for the duration of the practical course. I understand that I can withdraw my consent at any time but understand that if I do, I **MUST** provide a model in order that I can practice needling on them throughout the course.

By agreeing electronically below, I acknowledge that I have read, agreed & understood the contents of this Consent Form.

Professional Indemnity Insurance Cover

CPD Health Courses strongly recommends that all practitioners who intend to use Dry Needling therapy following successful completion of this course are covered by Professional Indemnity Insurance to an appropriate level of cover.

CPD Health Courses advises all participants to contact their Professional Indemnity Insurer or Professional Association should they require assistance with respect to appropriate cover.

Location & Date of Practical Course:.....

Full name:.....

Signed:

Date:

If you intend to provide a model in order for you to practice Dry Needling while attending the Dry Needling Practical Course please contact CPD Health Courses so that we can provide you with an alternative Consent Form.

If you have any questions or concerns about the contents of this consent form please contact us at customerservice@cpdhealthcourses.com.